

Community Checklist for a 'Livable' Community for Seniors

	Yes	No
Are street lights adequate and of sufficient lighting intensity for safety?	_____	_____
Are sidewalks present and in good condition?	_____	_____
Are sidewalks maintained? Do ordinances mandate sidewalk maintenance?	_____	_____
Do sidewalks have curb cuts to allow for gradual transition from sidewalk to roadway?	_____	_____
Are traffic lights timed for walkers?	_____	_____
Are there push-button traffic signals?	_____	_____
Do you have a sufficient number of traffic signals?	_____	_____
Are pedestrian crosswalks well-marked?	_____	_____
Do walkers feel safe and without fear of crime?	_____	_____
Does your community have designated trails?	_____	_____
Are local food and drugstores within walking distance of older adult communities?	_____	_____
Are benches placed throughout walkable areas and parks?	_____	_____
Are older adult physical activity programs available?	_____	_____
Does your community provide transportation for older adults to parks or facilities that provide physical activity programs?	_____	_____
Does your community have malls or other indoor or protected locations that provide safe places for walking in any weather?	_____	_____
Does your community have walking clubs that are open to older adults?	_____	_____
Are physical activity programs for elders adequately publicized?	_____	_____